

GYM RULES



**OUTDOOR SHOES
NOT ALLOWED**



NO BARE FEET



NO FLIP FLOPS



NO SLIDERS



1

**LEAVE YOUR
OUTDOOR SHOES
OUTSIDE**

2

**CHANGE INTO
EXTRA CLEAN SHOES
FOR YOUR
WORKOUT**

**+14
YEARS**

**ACCESS
ALLOWED
FROM 14 YEARS
OF AGE**



**CLEAN SHOES
ONLY**



**USE YOUR
PERSONAL
TOWEL**



**CLEAN
EQUIPMENT
AFTER USE**



**ID CHECK
MAY BE
REQUIRED**



NO OUTDOOR SHOES



NO BARE FEET



NO FLIP FLOPS



NO SLIDERS



**USE EXTRA
CLEAN SHOES**